Springing 2019 Newsletter

Even now at our feet dead seed of winter Raise their heads bearing treasure.

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A Safe Place and Much More

Joshua Station is more than a roof over the heads of our families—essential as that is. We currently serve 71 families with over 300 children and adults; 31 families live on site, and 40 are past program graduates who continue to receive services that help them sustain their housing.

Through its Family Futures: 2-Gen Community Development model, Joshua Station empowers two generations of family members with the skills and support they need to overcome homelessness. We offer a comprehensive continuum of care that includes mental health counseling, youth and adult education, job services, and life skills training.

To this array of support, we’re excited to be growing or program with Trauma Informed Art, Gardening, and Mindfulness. Working creatively with art, gardening, and yoga has shown to assist in the healing process. Giving a sense of confidence while learning from the creative and growing process has shown tangible socioemotional transformation. All family members are invited to participate in these activities. Some classes have the potential to adapt into social enterprise and employment training. All activities will be integrated into the current mental health services.

I’m so excited to be stepping forward together with our families in all these new ways,” exclaims Denise Vaughn, Joshua Station Family Advocate. “I’ll be super eager for the landscaping and gardening program to begin this Spring—it opens possibilities on so many levels! Physical connections with the earth and sun and water, as a way of touching the divine. Trauma healing within. Job readiness and marketable skills. Better nutrition. Relational connections throughout our community of families and the broader community.”

“If it wasn’t for Joshua Station, I wouldn’t have been able to be reunited with my children,” says resident Heather Sawaya. They’ve helped us put our family back together and move forward. We’ve found real community at Joshua Station, and so many kinds of support. For instance, when my daughter Maikayla was bullied at school, (Education Liaison) Sawyer Gibson helped us arrange a meeting with school staff. I’m thankful for all that is here for us!”

Our Vision

Mile High Ministries’ vision is a city where families are transcending poverty, in part because churches and faith communities are helping in ways that are genuinely helpful and empowering.

It is a city where communities are being led by those who were once labeled as least, last, and lost.

Donors and Volunteers Make the Difference

There are so many ways to be involved with your time, talent, and treasure. We’re eager to explore with you how!

For financial support contact Virginia Ortiz: vortiz@mlehighmin.org 303-586-5992

For volunteer opportunities contact Heather Krause: hkrause@mlehighmin.org 720-377-1103 x0
Equipping
People and Communities

CENTER for URBAN PEACEMAKERS
AT MILE HIGH MINISTRIES

Equipping neighbors and leaders for creative and compassionate presence in an urbanizing world

Community Development Training
Publications & Online Resources
Urban Exploration Retreats
City Gatherings
Podcast

New MHM book Just released! Purchase on Amazon or email rrunziato@milehighmin.org

Beyond Our Efforts: A Celebration of Denver Peacemaking weaves reflections gleaned from thirty years of contemplative spirituality and community action within one unique, beloved city. A visual treat! Over 250 beautifully designed pages of prayers, reflections, Denver history, and community development practices by over a dozen authors from our Mile High Ministries community. Every page shimmers with abiding love not only for an urbanizing world, but for the special people and places of Denver, the Mile High City.

"Beyond Our Efforts celebrates what’s possible when individuals and communities integrate contemplation and action."
— Phileena Heuertz

"The real deal... read and be excited again."
— Fr. Richard Rohr

Learn about the Center for Urban Peacemakers at milehighmin.org/cup or contact Becca Nunziato at rrunziato@milehighmin.org
Contagious

Jim Billings, owner of Skyline Property Management, leases and manages townhomes, apartment communities, and office buildings. For a number of years, Skyline has donated a portion of each approved rental application fee to Joshua Station. Skyline is also a generous corporate sponsor of our 13th Annual Spring Theater Event.

“I’m always looking for ways to give back,” Jim says. “Tim Morris, our longtime friend and contractor with Turner Morris Roof Systems, introduced me to (MHM Director) Jeff Johnsen and (Deputy Director) Amy Jackson. When they showed me around Joshua Station and shared the story, I was immediately struck by ways our expertise in property management might help the facility.”

Jim activated his relational and business networks, introducing us to A&K Appliance for much-needed upgrades in our community kitchen. When mold was uncovered, Jim put us on the right track for solutions. Jim hopes the enthusiasm is contagious: “I’d encourage anyone reading this to consider how they own special skills, networks, and resources might be used toward this great program in the community.”